

**LISA OBER**  
**STILL LIFE IN OIL WORKSHOP**  
**SUPPLY LIST**

Hello artists!

I'm looking forward to sharing my process for still life painting in oil! Below is a list of supplies I suggest you bring with you to our first class. Don't worry about buying big tubes of paint because we won't be painting thickly. 37 ml tubes will be quite enough. If you have any questions, please contact me any time.

Thanks and see you soon!

Lisa

**IMPORTANT NOTE #1:** We will be using acrylic paints on the first day for our first layer of paint. YOU DO NOT NEED TO BUY ACRYLICS. I will supply them. We are doing this to minimize drying time and to cover as much ground as possible.

**IMPORTANT NOTE #2:** Do not bring solvents of any kind. We will not be using mineral spirits, Turpentine, or Turpenoid at all.

**Oil Paint Brands**

I use a mix of many brands so almost any PROFESSIONAL GRADE oil paint is fine. A 37 ml. tube goes a long way so no need to buy anything larger. A set is fine if you want to go that route but there may be a few colors you will want to add. Here are some brands that are reasonably priced:

M. Graham  
Holbein  
Gamblin  
Winsor & Newton  
any other professional grade oil paint

**Colors**

It's nice to have a variety of colors but here is a good starter list:

Cadmium Yellow or comparable (hue)  
Cadmium Orange or comparable (hue)  
Cadmium Red or comparable (hue)  
Cerulean Blue or comparable (hue)  
Sap Green  
Phthalo Green-smaller than 37 ml tube as a little goes a long way  
Alizarin Crimson  
Ultramarine Blue  
Burnt Sienna

Yellow Ochre

Burnt Umber

Ivory or Lamp Black

Titanium White

Holbein makes a great dark blue/black called Indigo. I love this color and you may want to try it.

### Brushes

Don't go crazy buying too many brushes. I will have LOADS of them for you to use.

I use all kind of brushes but I do not spend a lot of money on them. Most of my brushes come from Hobby Lobby which has frequent sales for 50% off!

I like the Master's Touch brand and the Monarch by Winsor & Newton brand very much. The thing to remember is to have a variety of shapes and sizes.

Focus on brights, filberts, and rounds in a range of sizes. Consider some very, very small rounds-size 1, 0, 00 and smaller for details. I would avoid liner brushes as they are difficult to handle in my opinion.

### Other items:

-Palette of your choosing. I use a glass palette in the studio but will probably use a disposable paper palette for class. Any kind of palette will work. If you want your paint to last, consider a lid.

-A few pencils

-Container for water

-3 glass jars with lids (wide mouth 16 oz. salsa sized is good)

-Rags

-Paper Towels

-Brush Cleaner

-Walnut Oil-available at Dick Blick store or online

-Chroma Odorless Lean Medium 100ml. (I will provide this but thought you might want it on the list to remind you of what we used)

Don't worry if you are missing some of the items. I will be happy to share mine with you. Just do the best you can.

We are gong to have a great time! See you at the workshop!

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